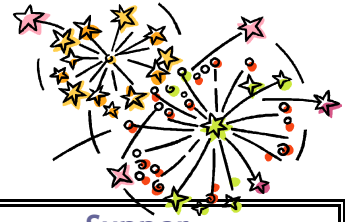


LSD/LSVI Weekly Menu August 30 - September 6, 2010



	<i>breakfast</i>	<i>Lunch</i>	<i>Supper</i>
<i>Monday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Oatmeal Buttered Toast & Jelly Biscuits Sausage Patties Apples	Pinto Beans with Ham Steamed Rice Seasoned Turnip Greens Mixed Green Salad Cornbread Peanut Butter Cookies Apples	Baked Chicken Rice Dressing English Peas Mixed Green Salad Rolls Peanut Butter Cookies Apples
<i>Tuesday</i>	Orange/Apple/Pineapple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Scrambled Eggs Buttered Rice Oranges	Pork Roast Baked Sweet Potatoes Garden Salad Hot Buttered Rolls Spice Cake with White Icing Oranges	Pizza Corn Garden Salad Spice Cake with White Icing Oranges
<i>Wednesday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Pancakes Sausage Patties Bananas	Oriental Chicken Oriental Vegetables Steamed Rice Baked Spinach Combination Salad Buttered Rolls Ice Cream Bananas	Tuna Salad Macaroni & Cheese Baby Carrots Combination Salad Sliced Bread Apple Crisp Bananas
<i>Thursday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Link 'n Dogs Nutri-Grain Bars Grapefruit	Beefaroni Buttered Zucchini Green Salad Garlic Buttered French Bread Cherry Cake with Cherry Icing Grapes	Chicken & Sausage Jambalaya Seasoned Green Beans Green Salad Garlic Buttered French Bread Cherry Cake with Cherry Icing Grapes
<i>Friday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Honey Buns Breakfast Ham Yogurt Assorted Fruit	Fried Catfish Potato Salad Italian Blend Vegetables Coleslaw Homemade Rolls Pecan Pie Assorted Fruit Bananas	Mon., Sept. 6 (Labor Day) Hamburgers / Hot Dogs Chili Lettuce, Tomatoes, Pickles Chips Hamburger / Hot Dog Buns Rainbow Freeze Bars

Choice of whole, lowfat or skim milk available at all meals.